



Department of Physical Education and Sports Altaf Memorial Govt. Degree College, Kilam NAAC Accredited

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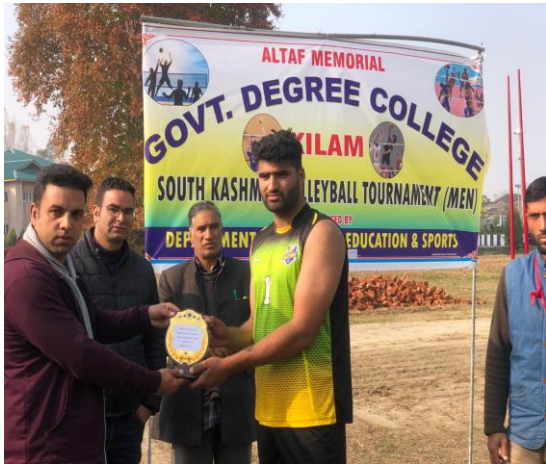
Dated: - 14/11/2023

Inauguration of South Kashmir Volleyball Tournament (Men) 2023.

The Department of Physical Education and Sports, AMGDC Kilam started South Kashmir Volleyball Tournament (Men) today on 14-11-2023. The tournament was formally inaugurated by the Worthy Principal Madam of the College Prof. (Dr.) Yasmeeen Majid Khan. The worthy Principal madam delivered a brief lecture on importance of games and sports in our daily life and also highlighted the role of sports in keeping one healthy physically, emotionally, mentally, spiritually and socially. She also mentioned the role of sports, healthy nutritious food and increase of one's stamina for a prosperous and joyful life. Worthy Principal Madam also highlighted how can we get rid from drug abuse and drug menace by engaging ourselves, our youth, our emerging buds and our students with these games and sports. She quoted in her lecture that lot of youngsters and young buds have become the victims of these drugs and to eradicate this menace from every nook and corner, we have to uplift and inculcate the sports culture in institutions and everywhere. The worthy principal madam encouraged both the teams and applauded them for their participation in the event by explaining them that the winning and losing hardly matter, what matters is your participation in such kind of events.

Eight (08) colleges from South Kashmir are going to participate in this event. In today's opening match, GDC Uttersoo emerged as victorious by defeating GDC Frisal by 3:1 in the best of five (5) sets game. Mr Shahid Ahmad from GDC Uttersoo was adjudged player of the match for his match-winning performance.





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