



Office of the Principal Altaf Memorial Govt. Degree College Kilam NAAC Accredited Grade "C"

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Open air Lecture on "The importance of Sports and Games for the Prevention of Drug Abuse"

Date: 21-03-2022

Drug-de-addiction Cell and Sports Committee of Altaf Memorial Government Degree College, Kilam organised an open air lecture on the theme "The importance of Sports and Games for the Prevention of Drug Abuse" in the playground of the college campus. The lecture was delivered by the physical training instructor of the college Mr. Sikander Yakoob in which he deliberated that the Sports and the games are important for all round development of youth and argued that all forms of education are incomplete without the proper participation in games. He stressed that besides keeping our bodies strong, healthy and fit, sports and games also help us to overcome difficult situations in life and hence can act as important means to curb the growing menace of drug abuse in our societies. He also emphasised that AMGDC Kilam under the leadership of the worthy principal Prof. Dr Yasmeen Majid Khan is committed for the development of sports and games in the college and advised students to participate in sports activities organised in the college and beyond. The programme ended with the vote of thanks by the Coordinator drug de-addiction cell, Mr. Mujeeb Hussain Gattoo.



Sd/- Coordinator Drug De-addiction

AMGDC, Kilam.