



Office of the Principal
ALTAF MEMORIAL GOVT. DEGREE COLLEGE KILAM
NAAC Accredited Grade "C"

Cell: 9419040661

Email: principalgdckilam@gmail.com

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Say No Drugs Pledge, dated: 12-08-22



Under the patronage of the worthy Principal, Say No Drugs Pledge taking ceremony was organized in the conference hall in which the teaching faculty, non-teaching staff, and students of the college participated. Students, Faculty and staff of the College made a solemn Pledge Against Drug Abuse under Nasha Mukta Bharat Abhiyan. The Principal in his address, stressed upon the importance of implementing the Pledge in letter and spirit for the overall prosperity of our country. The ceremony was celebrated as part of Har Ghar Tiranga Campaign under Azadi Ka Amrit Mahotsav celebrations.



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Counselling Session on the theme "Make every day *Nasha Mukht* Day" under the banner of *Nasha Mukht Bharat Ahiyaan*

Drug-de-addiction Cell of Altaf Memorial Government Degree College Kilam, organised a counselling session on the theme "**Make everyday *Nasha Mukht* Day**" on 12-09-2022, which was attended by hundreds of students as well by the faculty members of the college. At the outset, Coordinator drug de-addiction Cell, Mr Mujeeb Hussain contextualized the theme of the programme. The counselling session was conducted by the Worthy Principal of AMGDC, Prof Dr. Yasmeen Majid Khan in which she sensitized students towards the ill effects of tobacco epidemic and the preventable death and disease it causes. She also deliberated upon the business practices of tobacco companies and drug suppliers. She deliberated that the main objective of the *Nasha Mukht* Bharat scheme is to reach out to the masses and spread awareness about substance abuse, identify dependent population, focus on their counselling and treatment. She stressed that it is important for the faculty members as well as students to realize their role to generate awareness regarding tobacco epidemic and the menace of substance abuse, so that people can claim their right to health and healthy living in true sense. The programme ended with the concluding remarks and vote of thanks by HOD Zoology department, Prof. Aashaq Hussain Bhat.





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Anti-Drugs Rally

Drug-de-addiction Cell and NSS unit of Altaf Memorial Government Degree College, Kilam organised an anti-drug rally in order to raise awareness on the growing menace of drug addiction. The students and faculty walked together holding placards and raised the slogans of "Say no to Drugs".





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Lecture on “The importance of Sports and Games for the Prevention of Drug Abuse”,

dated: 21-09-22

Drug-de-addiction Cell and Sports Committee of Altaf Memorial Government Degree College, Kilam organised an open air lecture on the theme “**The importance of Sports and Games for the Prevention of Drug Abuse**” in the playground of the college campus. The lecture was delivered by the physical training instructor of the college Mr. Sikander Yakoob in which he deliberated that the Sports and the games are important for all round development of youth and argued that all forms of education are incomplete without the proper participation in games. He stressed that besides keeping our bodies strong, healthy and fit, sports and games also help us to overcome difficult situations in life and hence can act as important means to curb the growing menace of drug abuse in our societies. He also emphasised that AMGDC Kilam under the leadership of the worthy principal Prof. Dr Yasmeen Majid Khan is committed for the development of sports and games in the college and advised students to participate in sports activities organised in the college and beyond. The programme ended with the vote of thanks by the Coordinator drug de-addiction cell, Mr. Mujeeb Hussain Gattoo.





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Intra college Badminton championship under the banner of "Say no to Drugs and Yes to Games and Sports"

Date: 24-09-2022

Drug-de-addiction Cell and Sports Committee of Altaf Memorial Government Degree College, Kilam organised an intra college Badminton championship under the banner of **Say no to drugs and Yes to Games and Sports**, in which Ms Asma Nazir and Salika Fayaz emerged as champions among female students, while as Sakin Farooq and Mohd Asim emerged as winners amongst male students.





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Drug-de-addiction Cell of Altaf Memorial Government Degree College, Kilam organised an anti-drug rally in order to raise awareness on the growing menace of drug addiction on 22-12-2022. The students and faculty walked together holding placards and raised the slogans of "Say no to Drugs".

