

Health Care Service

The college has its own health care unit with qualified para-medical staff. It offers a comprehensive array of health educational programs and services to help every student live a healthy lifestyle. Medical care is given to any student who needs it, including urgent care, counseling for proper nutrition and eating, pharmacy services, and physical therapy.

Members of Health Care Committee

1. Mr. Mujeeb Hussian Gattoo
2. Mrs. Mehraba Akber
3. Dr. Khursheed Ahmad
4. Mr. Sheeraz Ahmad Lone
5. Mr. Mohd Ashraf Ganie

Support Staff

- 1) Mr. Ab. Rasheed Dar (Pharmacist)

Infrastructure

The health care unit consists of spacious and well ventilated hall. It has a consultation unit for treatment of students and staff.

Supplies

- B.P. Apparatus,
- Stethoscope,
- Digital-Thermometer,
- Beds,
- Blankets, Bed sheets, Dunlops
- Refrigerator
- Wheel chair
- Trolley, Hot water
- Bottles, Cooler, Jug, Glasses, Cups, Plates, Spoons and Lockers.

Medicines

Amlokind At,
Betting (Tt)
Cipromac Tz 500 Tab

Dexona Inj 2ml
Dispo Van 5mli
Dolo 650 Tab
Hycort Inj
Inac Inj 3ml
Lopamide Tab
Nupenta 40 Tab
Shahi Khatoon
Sinarest Lp Tab
Superspaspas Inj
Superspaspas Tab

Trauma Supplies

Band-aids, Betadine ointment, Dettol antiseptic, Neosprin Powder, Dressing pack, Adhesive tape, Crepe Bandage, Despovan, Moov spray, Volini spray and Cotton. Rolls of gauze bandage, triangular bandages and other medical tape.

Activities

- Free medical Check-ups in collaboration with Red Cross and SKIMS.
- Blood donation camp.

Health Education

The college's health care centre endorses health education. It provides outreach to promote healthy lifestyles and prevent disease. It offers information and support for concerns such as healthy eating, stress reduction, health, and personal hygiene.

Counseling Service

Our health care unit offers counseling services to the students throughout the academic year. It also offers workshops, and a counselor-on-call seven days a week when classes are in session. Mental Health counselling is given the prime focus in collaboration with other organisations.

First-Aid

A well-stocked first-aid kit is always kept ready to deal with minor accidents and injuries. Medicines are checked regularly to make sure that they are within their use-by dates.

Referral Service

- Red-Cross
- SMHS